



*creative*  
**PORTFOLIO**

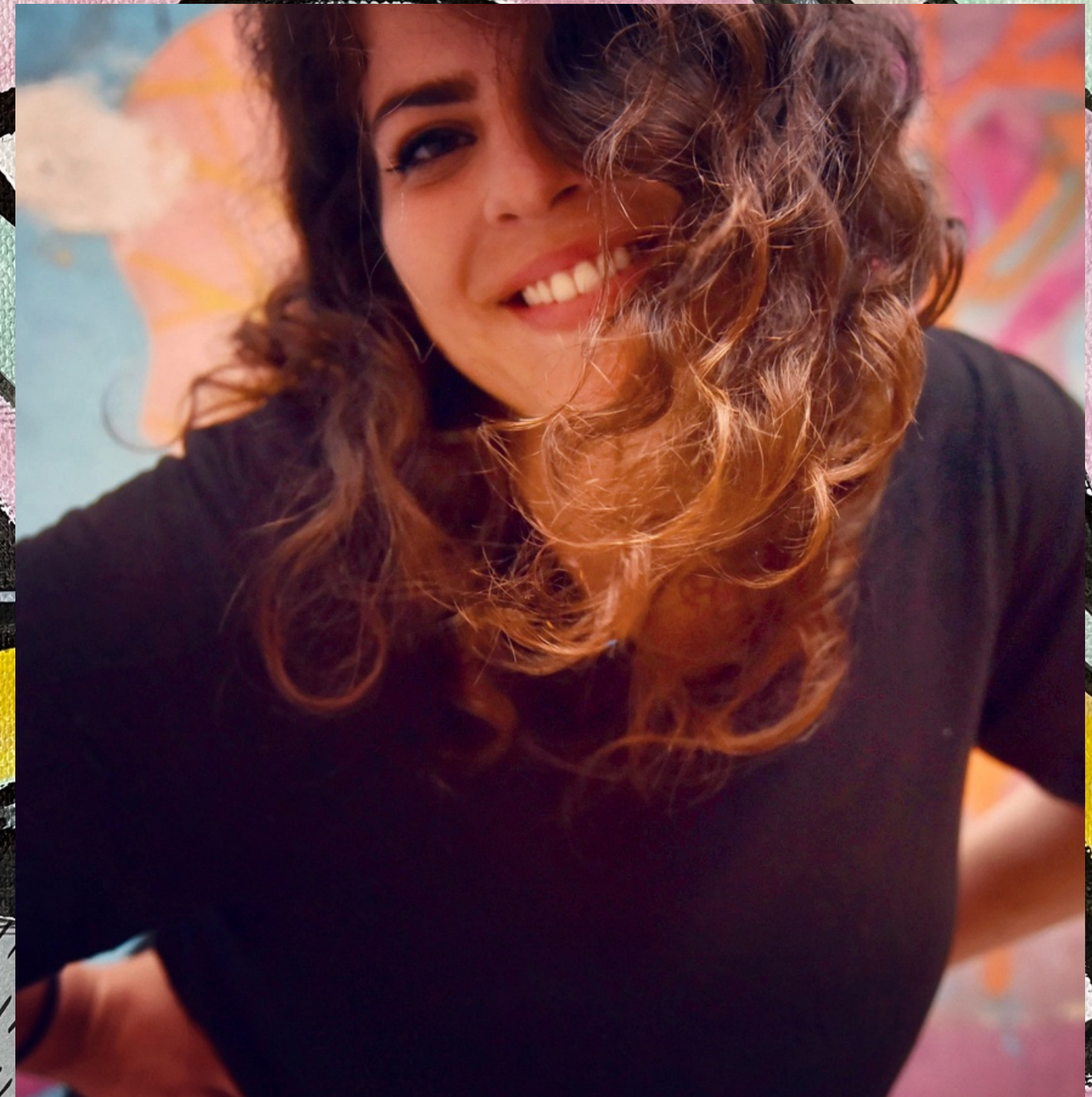
**Sara Dürst**

# introducing **ABOUT ME**

I'm Sara Dürst, originally from Switzerland but now creating my home in Malaga, Spain. My path has transitioned from studying economics and corporate work to pursuing my true passions as an artist and teacher, while crafting my own creative oasis in the heart of nature.

My artistic journey has led me down a path of self-discovery, driven by a profound exploration of self-empowerment and mental health literature. Through meditation and other mindfulness practices, I've learned about the potential of the mind, now embracing my intuition and the creative flow.

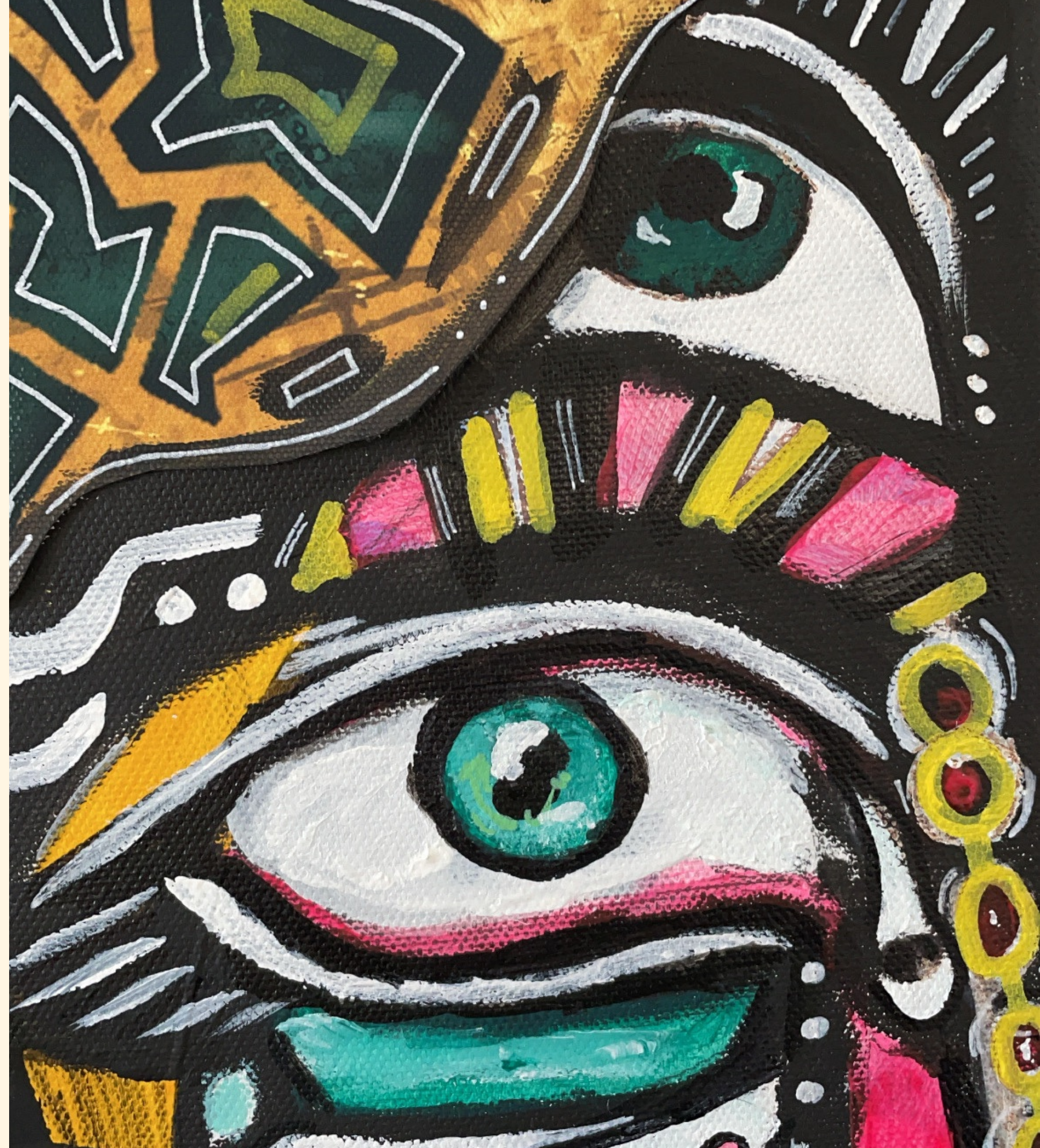
I've explored various artistic practices, including ceramics, digital, and classical art, while also expanding my knowledge in the field of art therapy. I derive immense joy from creating art alongside others, as art has the remarkable power to connect. My journey is fueled by a thirst for knowledge, exploring new horizons and incorporate fresh perspectives into my work.



**Sara Dürst**

# My **VISION**

My art is a combination of reality and imagination, a canvas where I explore various themes such as mental health, nature, women's empowerment, and the beauty of embracing life's flow. Infused with vibrant colors, often influenced by pop-art and surrealism. Through my art, I aim to celebrate the connections between humankind, the human mind, and the natural world, all while blurring the lines between fantasy and reality.



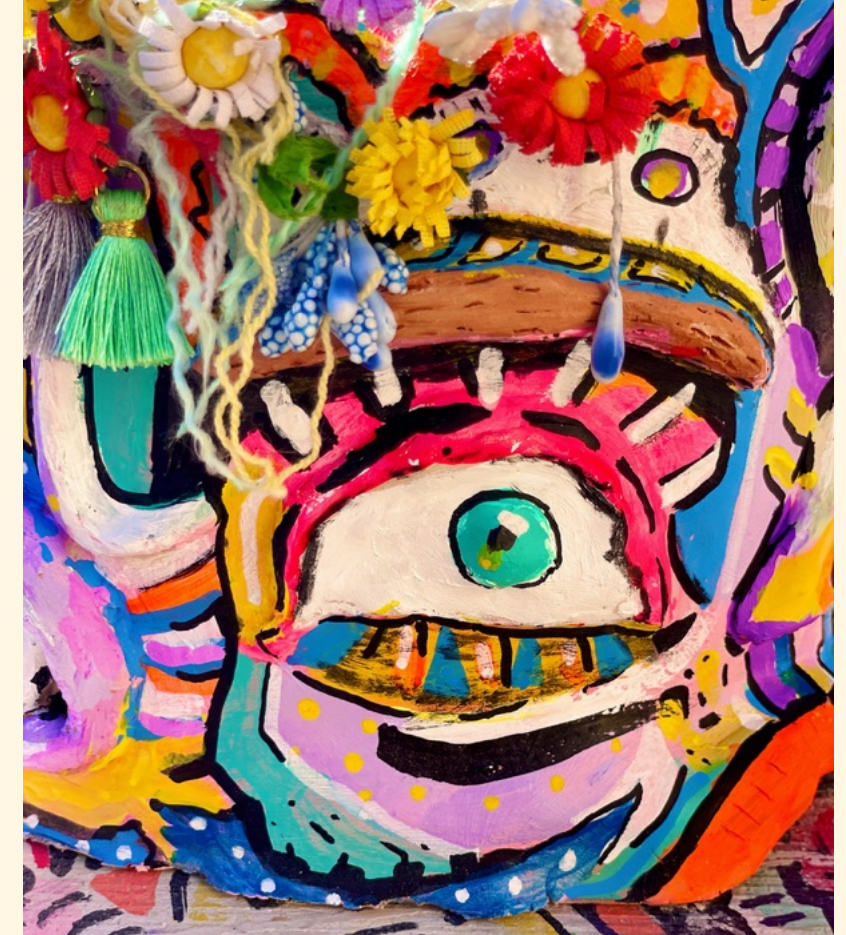
# personal **SKILLS**

My educational background in economics has improved my analytical thinking and problem-solving abilities. Teaching has become a passion, allowing me to empower others to unlock their own (creative) potential. My study in art therapy has equipped me with a deeper understanding of the therapeutic and transformative power of art. Furthermore, my freelancing experiences in diverse fields, including marketing, have sharpened my adaptability and communication skills, enriching my artistic journey and broadening my horizons. Moreover, my current creative space construction project has been a hands-on education in itself. It has taught me valuable manual skills that I can now incorporate into my artworks.

This versatile skill set enables me to connect with a wide range of audiences and approach art from a multifaceted angle.



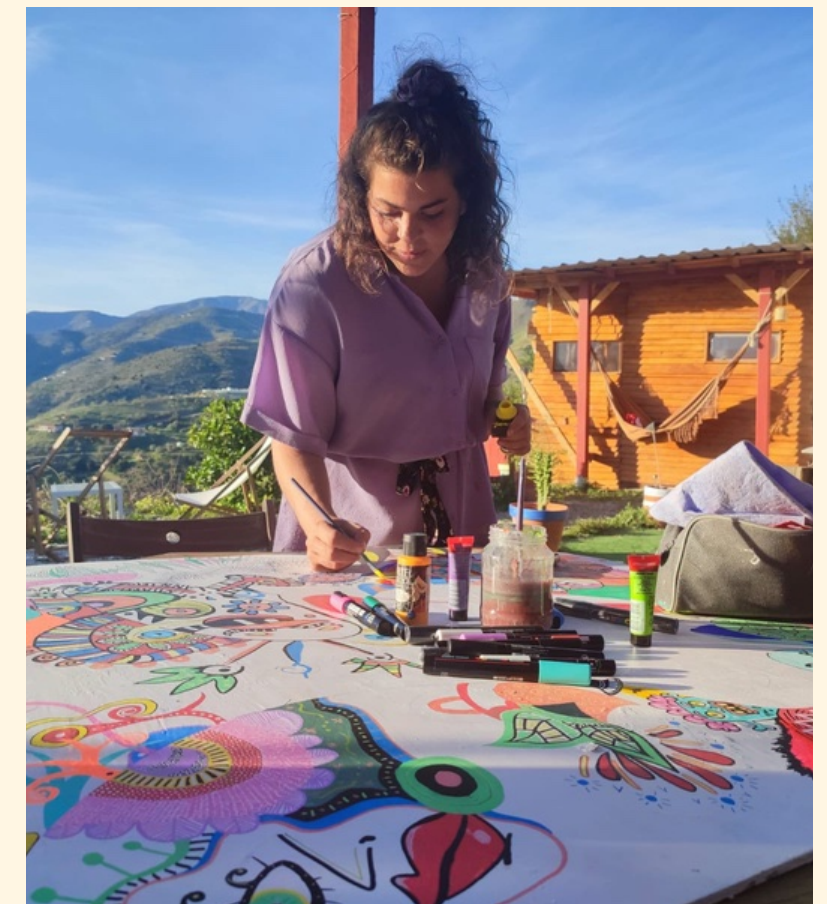
**Art on Things**



**Ugly Cute Vases**



**Digital Art**



**Teaching / Art Therapy**



# Art PORTFOLIO

My art is a journey, an exploration of the world's beauty, complexity, and wonder, and I'm thrilled to share it with you

## 01

### **Art on Things**

Painting on various surfaces, mainly canvases and wood

## 02

### **Ugly Cute Vases**

Delving into the art of working with clay

## 03

### **Digital & Activism Art**

Exploring Art and the NFT world with my iPad

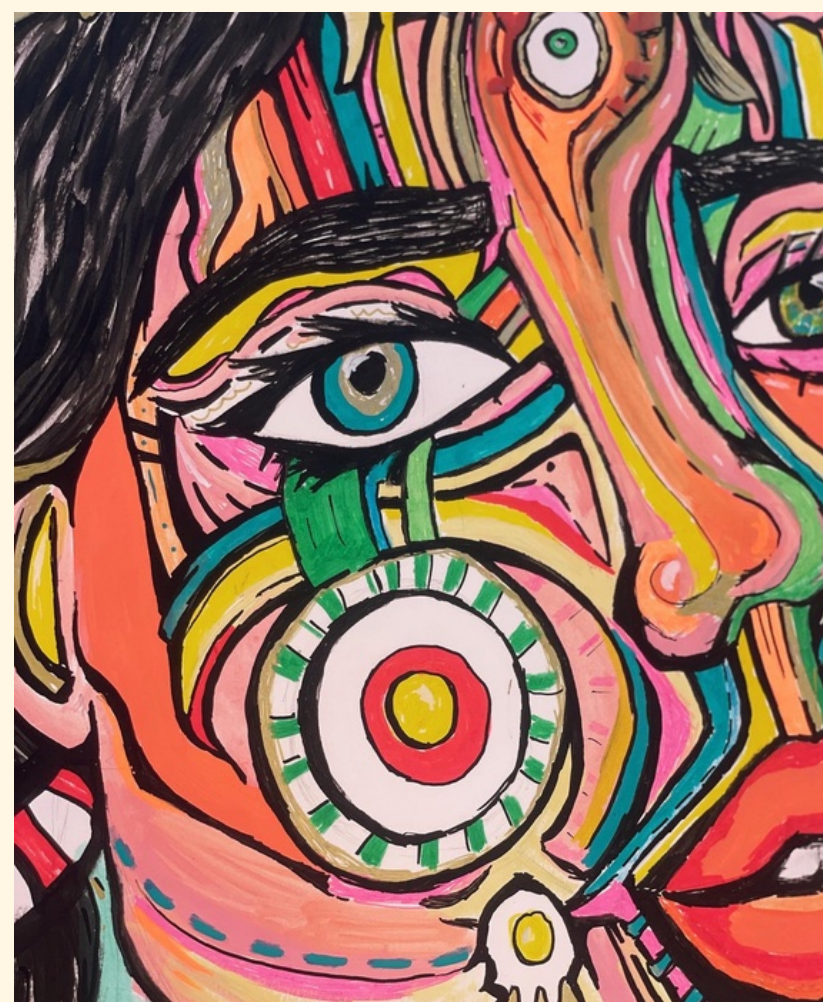
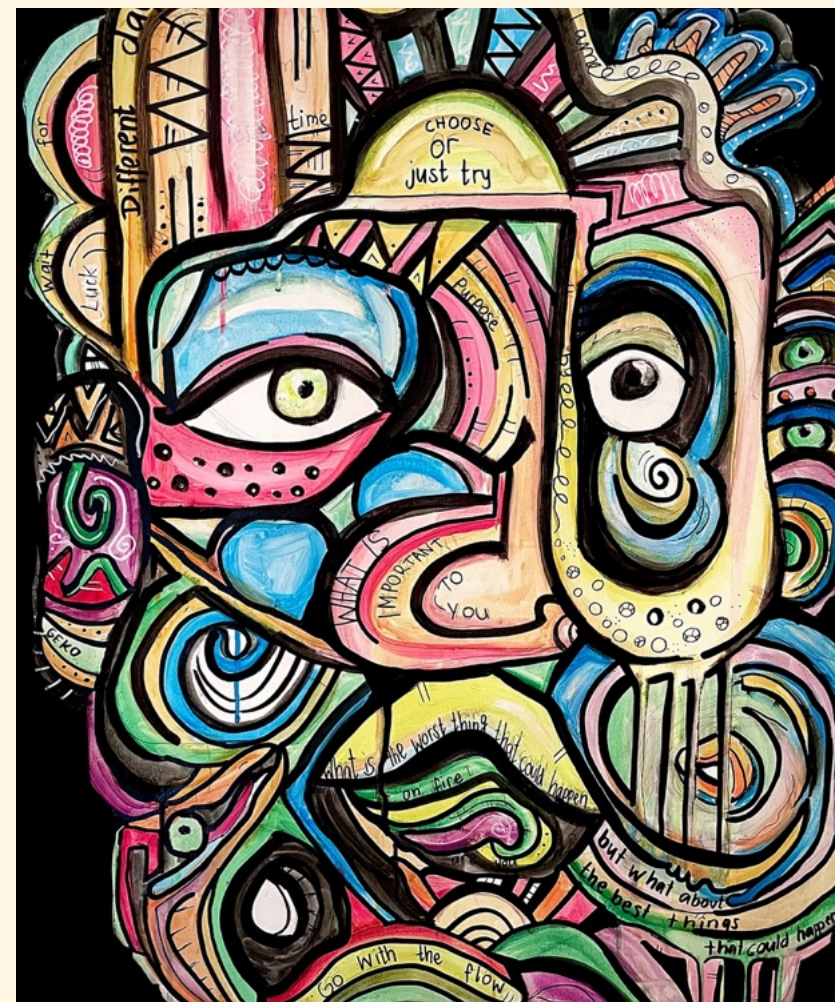
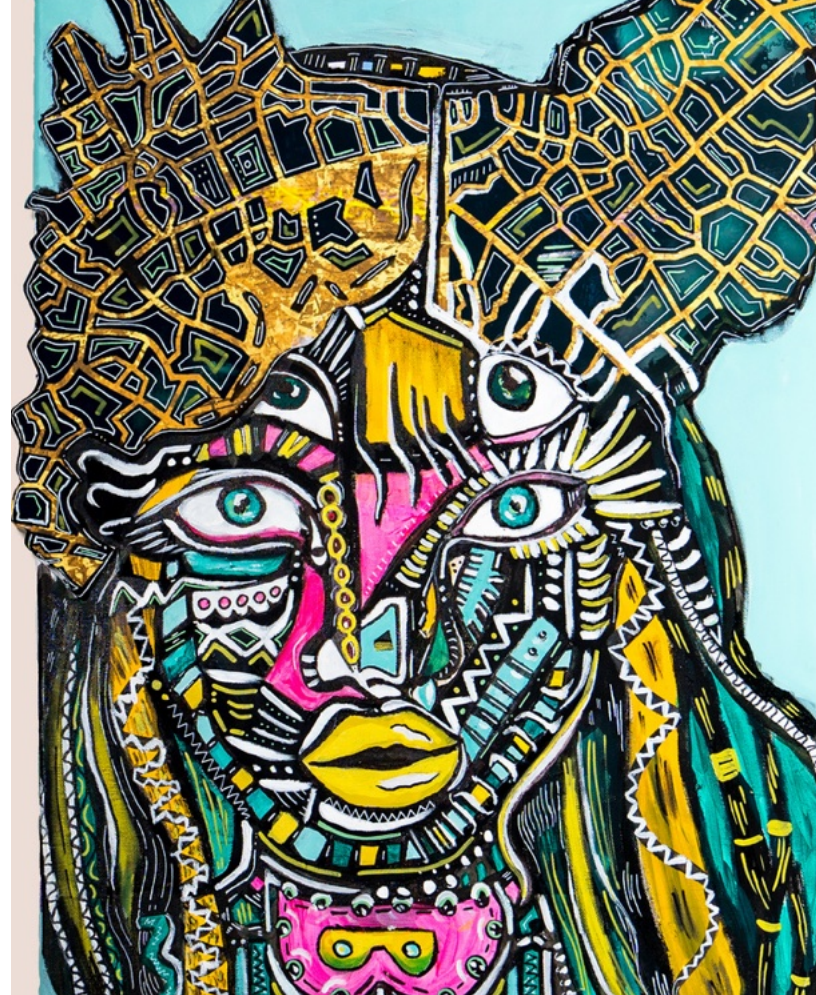
## 04

### **Teaching & Projects**

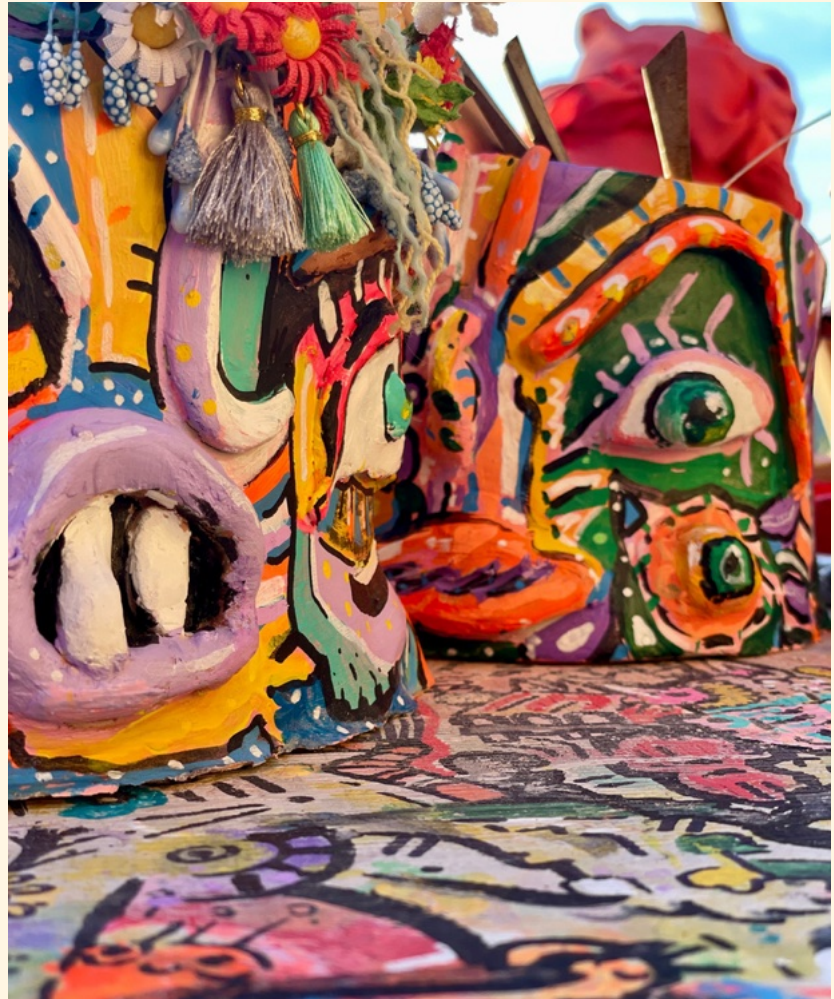
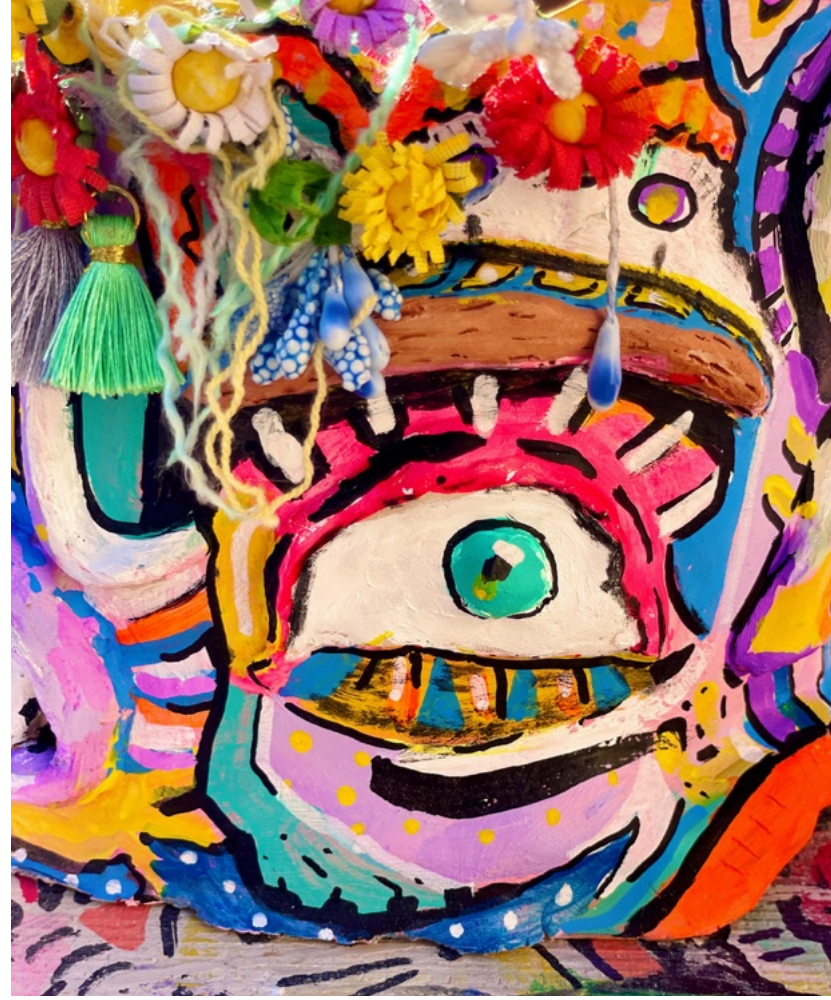
ArtNight & Intuitive Painting Classes and Current Projects

# Art ON THINGS

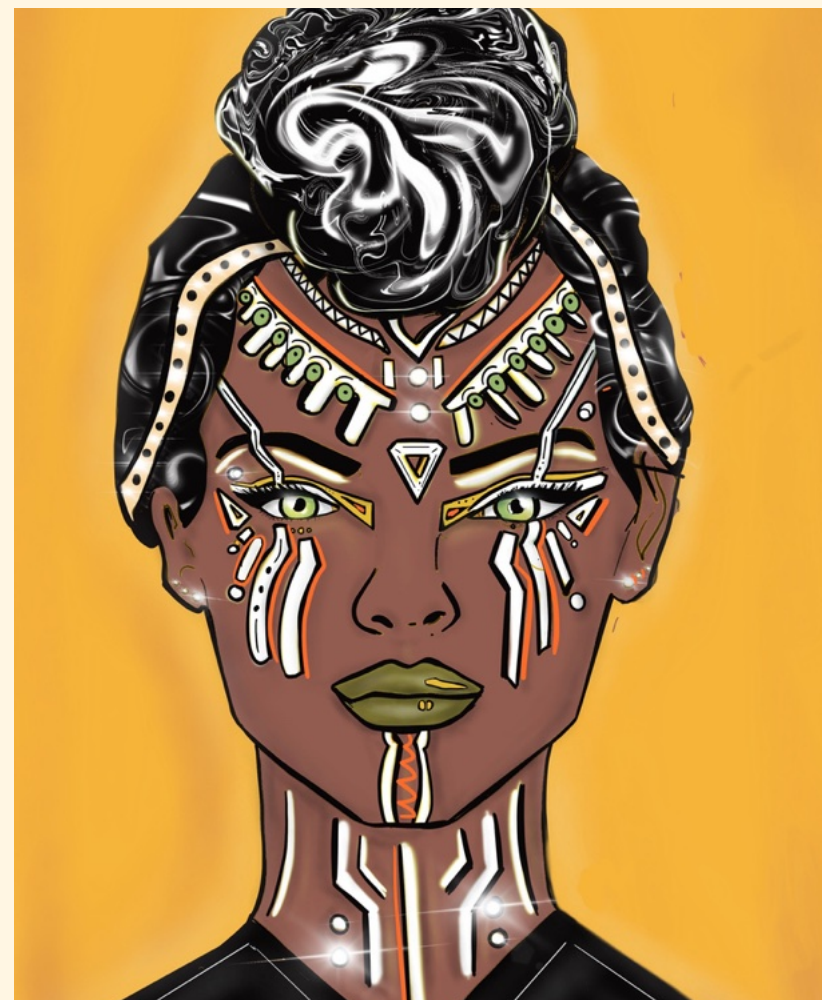
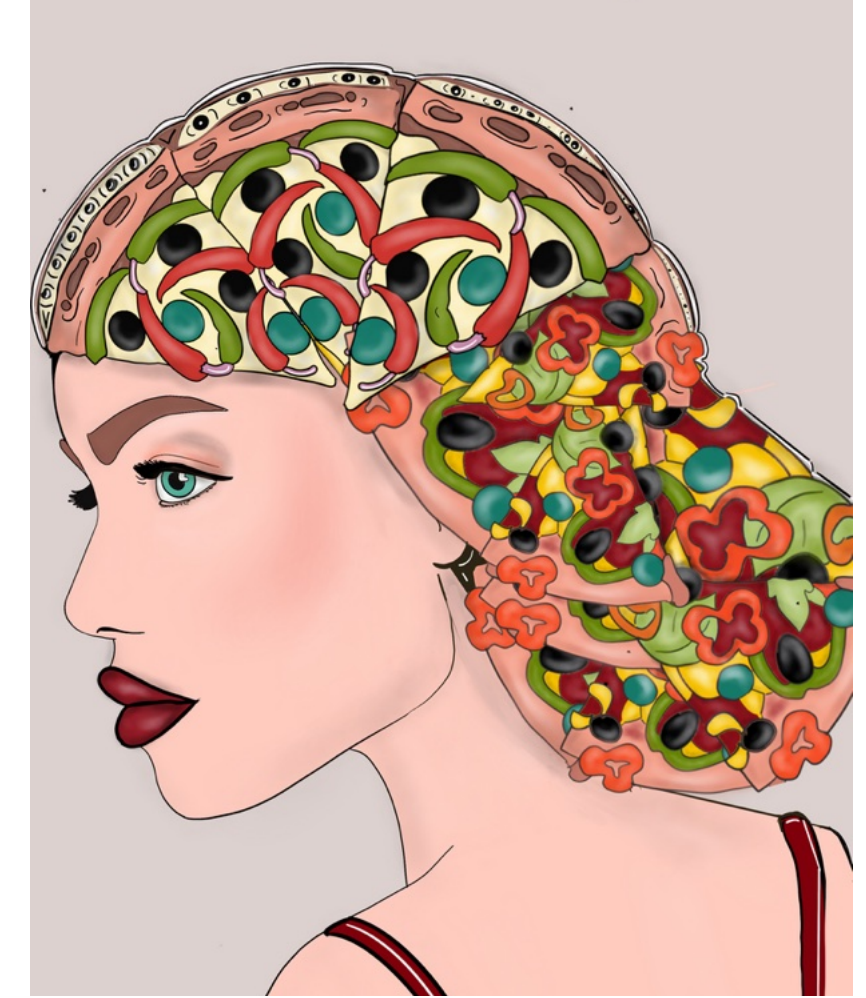
Welcome to my acrylic painting portfolio, where canvas, wood, and other surfaces come alive with color and expression.



# Ugly Cute VASES

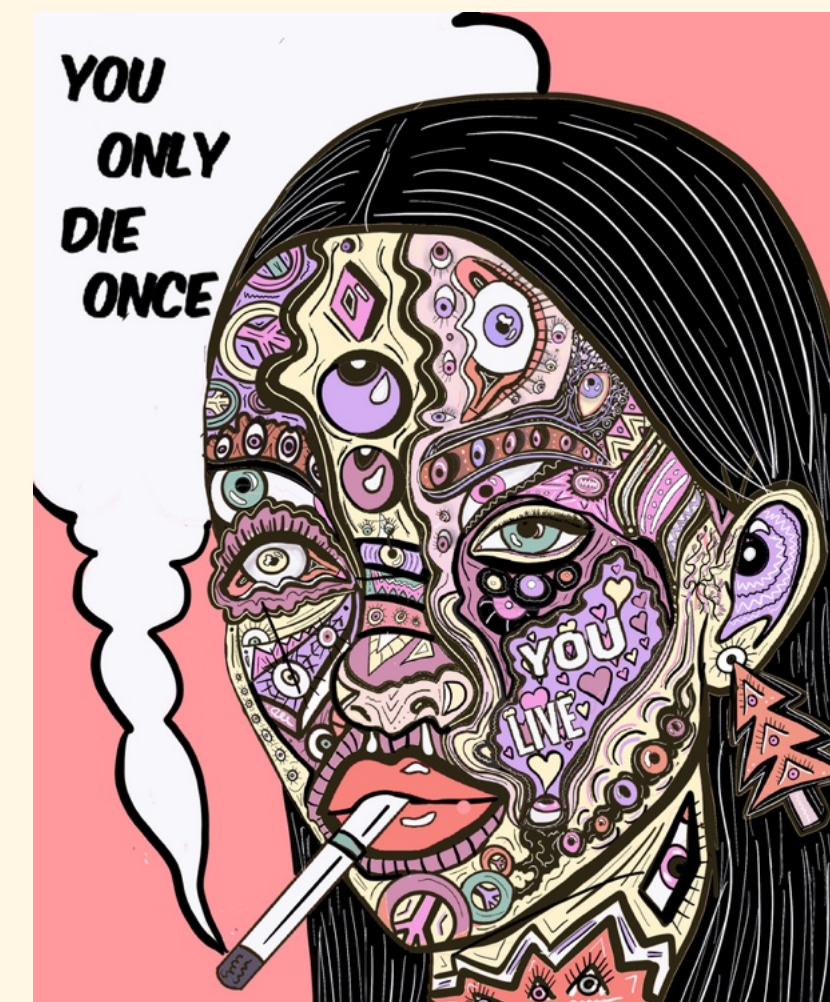
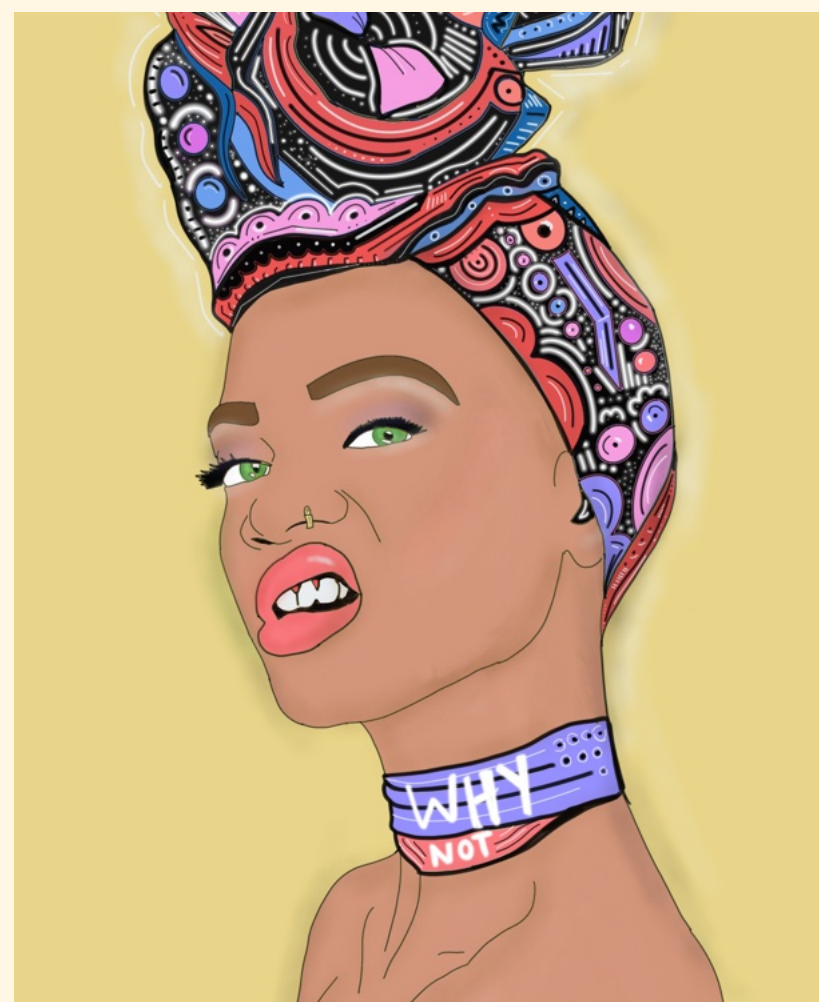
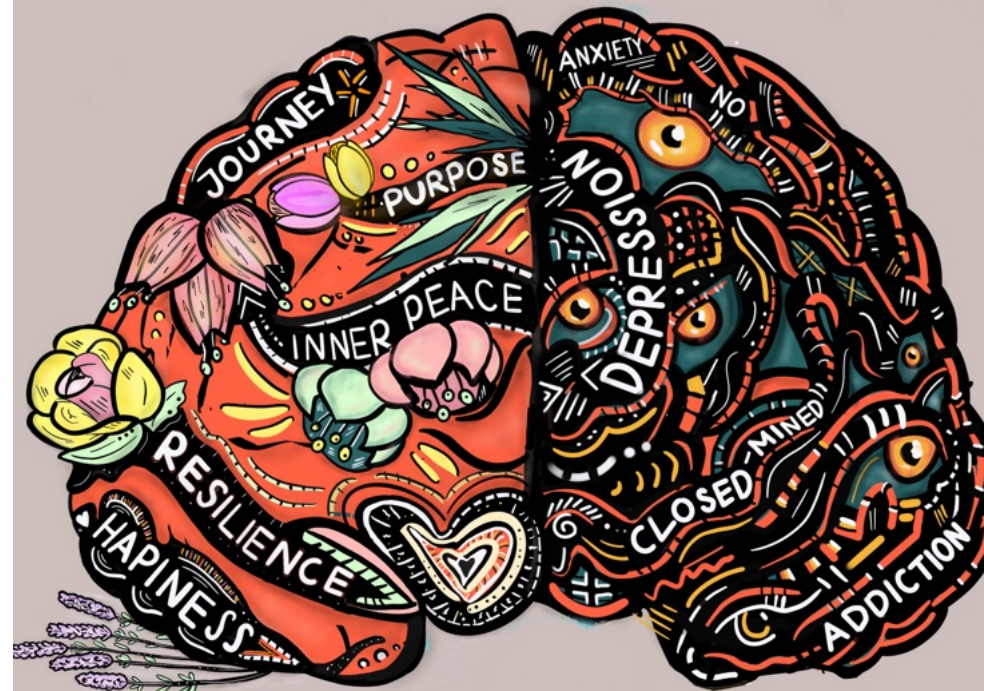


# Digital ART





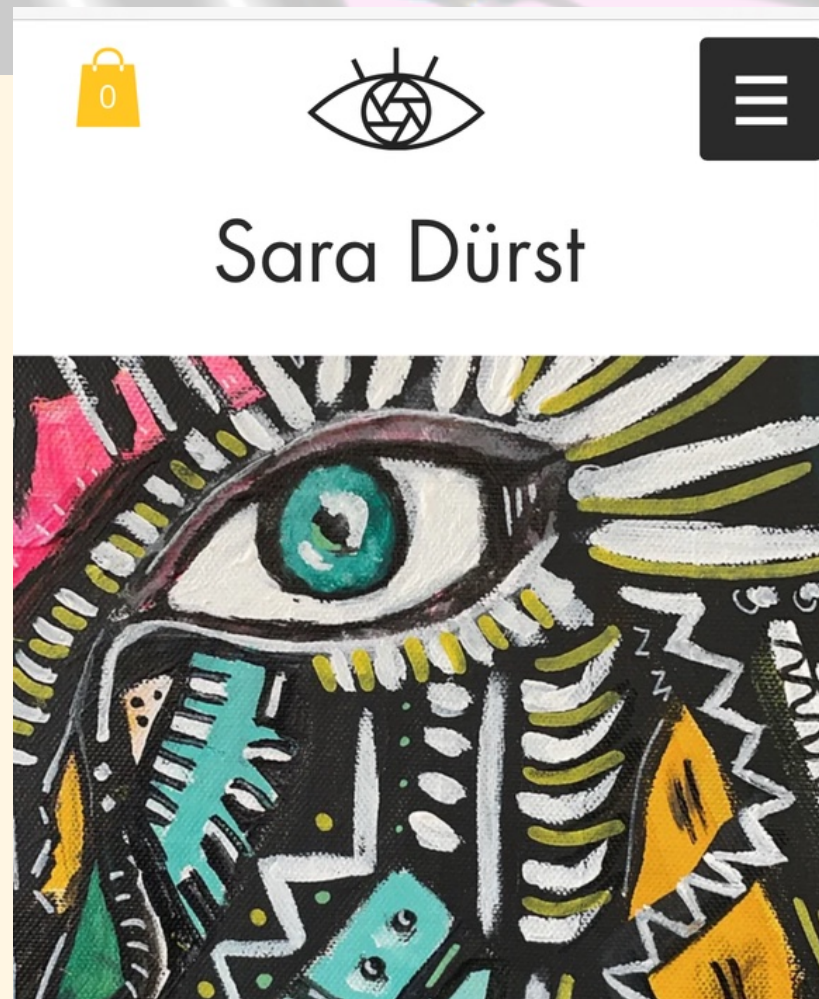
# Activism ART



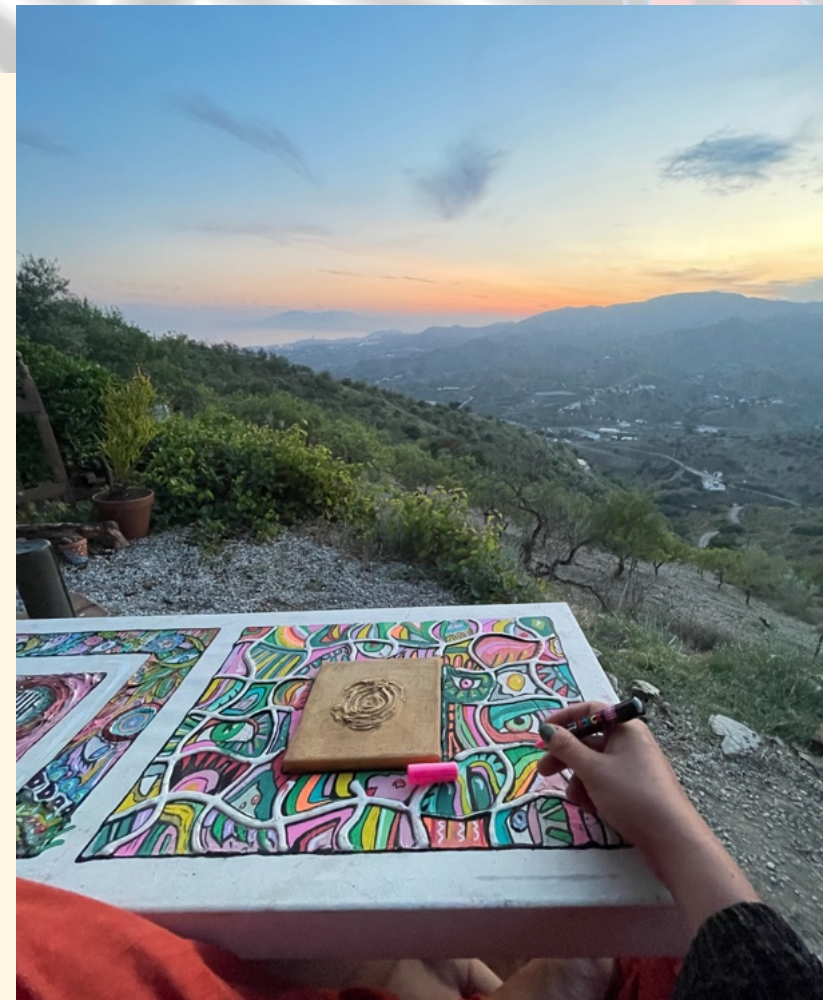
# Teaching & OTHER



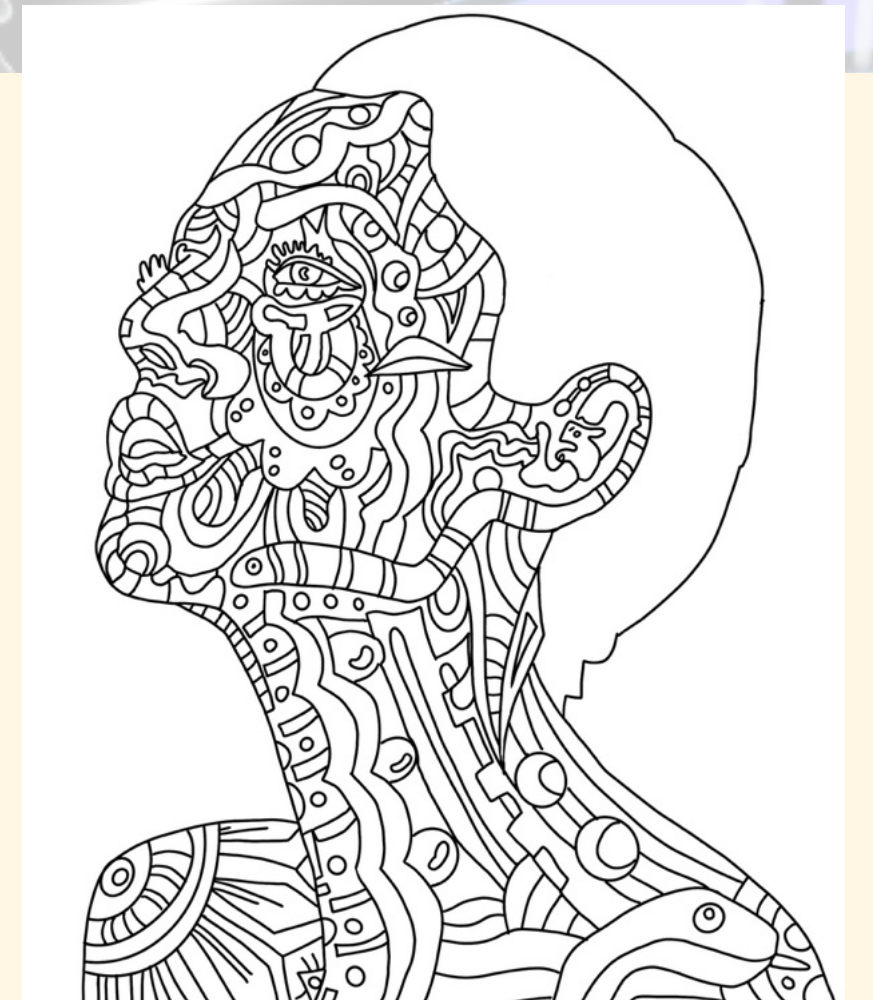
Teaching: ArtNight & Intuitive Painting Classes



Various Client Works



WIP: Building a Creative Space in Spain



WIP: Coloring Books for Adults



# EXHIBITIONS

*of work*

**'21**

**The Artway, Olten**

Solo Exhibition

**'21**

**T|M Gallery, Brilon**

Group Exhibition

**'22**

**JOR CANA Festival, Trimbach**

Solo Exhibition

**'23**

**MasterCBD, Rincon**

Showcase of Artworks

*Thank you*

**FOR YOUR  
ATTENTION**

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